Workshop Sign Up Sheet

Teachers,

Once you have completed the registration form, you will then need to complete the:

* workshop sign-up sheet
* choreography sheet
* media/medical release forms for all your dancers (make sure to fill out the age appropriate forms)

It is helpful to receive all information at least 2 weeks prior to the dance festival for planning purposes.

Thank you☺ ~ Rebecca

Workshops are on a first come, first serve basis. To fill out this sheet, please write a workshop choice for each student coming with you to the state dance festival. Students and/or teachers need to sign up for something during the warm up session, workshop 1, lunch (team builders or time on stage to space dance(s)), workshop 2, workshop 3, and workshop 4.

Special note about a couple of classes: For students doing warm ups, it would be great if they had a mat to bring as well but it is not required. Same applies with other workshops – if a student is taking a hip hop class, wear sneakers; if a student is taking ballet, bring appropriate footwear/attire, etc.

For the afternoon workshops (sessions 2, 3, 4), each studio/school coming with choreography can choose (on their choreography sheet) to perform in the beginning, middle or near the end of the show. If a group chooses to be in the beginning of the show, they would have rehearsal in the Auditorium during workshop 2. If a group chooses to be in the middle of the show, they would have rehearsal in workshop 3. And, if a group chooses to be near the end of the show, they would have rehearsal during workshop 4. For instance, I would sign up to have my students perform near the end of the show because they don’t have far to travel. So, when I fill out the workshop sign ups below, I would write in rehearsal for workshop 4 and my students would choose things to take for warm up, workshop 1, lunch (team builders or time to space on stage), workshop 2 and workshop 3.

Students may opt to watch a rehearsal or two as well if they wish but part of the mission of the festival is to be exposed to new and different dance forms than you may be exposed to in your school or studio thus as a teacher I would encourage them to take at least 2 or 3 of the 4 workshop offerings! There are more offerings as well this year and more locations this year…as requested in feedback forms!

If you have any questions about filling out this form (or anything else for the state dance festival), please email me at [rebecca.mcgregor@lyndoninstitute.org](mailto:rebecca.mcgregor@lyndoninstitute.org) or call me at 802-535-3774 or 802-535-3636.

Thank you!

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| Name | Warm Up Workshop | Workshop 1 | Lunch Block Workshop | Workshop 2 | Workshop 3 | Workshop 4 |
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