**Modern Dance Course Overview**

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| Organizing Topic | Essential Knowledge & Skills | Related SOL | Sample Assessment Methods | Sample Resources | Time Taught During Semester/Year |
| Warming Up & Conditioning | \*bones & muscles in body\*coordination of upper and lower body, right and left\*balance or maintenance of axis/center while moving\*how to shift weight\*execution of movements\*form strong core muscles for more difficult movements\*3 physiological reasons for warming up\*elements of warming up: isolations, reaches, contractions, plies, tendues, releves, etc.\* assessment of work | AAHS:2AAHS:3AAHS:13AAHS:15AAHS:16AAHS:17AAHS:19AAHS:20AAHS:21 DA:Cr1.1.IIDA:Cr3.1.II DA:Pr4.1.I,II,IIIDA:Pr5.1.I,II,IIIDA:Pr6.1.IIDA:Pr6.1.I,II,IIIDA:Re7.1.I,II,IIIDA:Re8.1.I,II,III  | Journals –Notations of workReflections of progress Warm Up Assessment(s) Conditioning for Lifelong Wellness Targets Skills Test Learning Targets Core Evaluation Learning Targets | Entrance/Exit Tickets Conditioning Notes to Self Worksheet Warm Up & Conditioning Notations Warm Up Pre-Test Worksheet Warm Up & Technique Reflection | 1st marking period or 1st 4-6 weeks of each semester |
| Technique & Dance Terminology | \*observe, execute, and technically clean modern terminology taught\*maintain proper alignment, balance, coordination, muscle control, and spatial relations while executing dance vocab/phrases\*demonstrate correct rhythm & tempo for steps/phrases\*collaborate with others\*create phrases with terminology & technique studied\*critique self and others\*reflect on work | AAHS:2AAHS:3AAHS:14AAHS:15AAHS:16AAHS:17 AAHS:19AAHS:20AAHS:21 DA:Pr4.1.I-IIIDA:Pr5.1.I-IIDA:Re.7.1.I-IIDA:Re.8.1.I-IIDA:Re.9.1.I-II | Terminology Tests Skills Test Learning Targets   | Terminology Handout 10 Step Combos Warm Up &Technique Reflection Dance Phrase Combination Score Sheet Teaching Combos Rubric Dance Combination Notation Completion Chart | From week 1 through end of the semester performance... Terminology tests given after 4-6 weeks of terminology & technique study |
| Creating dances (choreography) | \*students will study the elements of dance (time, space, & energy)\*students will create movement phases using knowledge of technique, terminology, & the 3 dance elements\* students will cooperate with others, share ideas, and respond to others verbally & physically\*students will reflect on work through self, peer, & group critique methods\*students will perform work for the public | AAHS:1AAHS:2AAHS:3AAHS:13AAHS:14AAHS:15AAHS:16AAHS:17AAHS:19AAHS:20AAHS:21 DA:Pr4.1.IIDA:Pr5.1.IIDA:Pr6.1.IIDA:Re.7.1.IIIDA:Re.8.1.IIIDA:Re.9.1.IIIDA:Cn.10.1.I-IIIDA:Cn.11.1.I-III | Choreography Tests &Performance Reflections Personalized Inquiry Based Project Making Connections and Communicating in Dance Targets Intentional Choreography Learning Target Performance Evaluation Learning Target Leadership and Citizenship Target | Journal –Notations of phrasesReflection on work Elements of Dance Handouts Various Critique Handouts –Form 6.3, etc. Class Participation Rubric (to be completed by teacher) Video Critique/Assessment Score Sheet(to be done by self/peer)   | Throughout each quarter to develop work with devices and structures in dance, connect to skills and knowledge based learning, enhance creativity and problem solving skills |
| Modern Dance History | \*students will choose and read about 1 decade/choreographer of modern dance history (alone or in a small group)\*students will write a paper summarizing and making connections regarding that particular period/person of dance/history\*students will share their paper with the class\*students in small groups will create a mini-dance using terminology from modern curriculum and that particular period of modern dance history\*students will notate their mini-dance to be turned in with their paper\*students will share their mini-dance with the class\*students will verbally and in written format reflect on each group’s mini-dance performed | AAHS:1AAHS:2AAHS:3AAHS:13AAHS:14AAHS:15AAHS:16AAHS:17AAHS:18AAHS:19AAHS:20 DA:Cr1.1.IIDA:Cr2.1.IIDA:Cr3.1.IIDA:Pr4.1.IIDA:Pr6.1.I-IIIDA:Re8.1.IIDA:Re9.1.IIDA:CN.10.1.IIDA:CN11.1.II | Rubrics for –NotationsPaperMini-DanceReflection Modern Dance History Written Test Personalized Inquiry Based Project Dance Critique Targets Dance Research Project Learning Targets  | Textbook:The World of Dance by Berger Modern Dance Historical Handouts/Packets Journals –Notes from readingsNotations for mini-danceReflection of mini-danceshowings | During the 3rd quarter or sometime during the beginning of the 2nd semester of the course (depends where the class is with warm ups, technique & progressions, and dances/events) |
| Improvisation | \*students will explore the elements of dance (time, space, & energy) with prompts by the teacher\*students will create movement phases using knowledge of technique & the 3 dance elements\* students will cooperate with others, share ideas, and respond to others verbally & physically\*students will reflect on learning | AAHS:1AAHS:2AAHS:3AAHS:13AAHS:14AAHS:15AAHS:19AAHS:20AAHS:21 DA:Cr1.1.IIDA:Cr3.1.IIDA:Pr4.1.IIDA:Pr5.1.IIDA:Pr6.1.IIDA:Re.7.1.IIDA:Re.8.1.IIIDA:Re.9.1.III  | Genre/Dance Form Study Exploration Targets | Journal –Reflect on workNotate ideas for creating dances Teacher’s books, cards, handouts, etc. on improv activities | Every Friday to start class |
| Making student portfolios | \*Decorate personal folder\*Organize materials for folder\*Gathering supporting evidence (chosen and required pieces) of work through the semester\*Writing personal reflections on each chosen piece of work | AAHS:13AAHS:14AAHS:15AAHS:16AAHS:17 DA:Cr1.1.I-IIDA:Cr2.1.I-IIDA:Cr3.1.I-IIDA:Re8.1.I-IIDA:Re9.1.I-IIDA:Cn10.1.I-IIDA:Cn11.1.I-II | Portfolio Scoring Rubric Sheet Making Connections and Communicating in Dance Targets | Portfolio To Do’s Paper Folders… Personal Dance Portfolio Paper Portfolio Reflection Paper | 1st week of school… Organizing materials throughout the semester as work is completed… Writing reflections and portfolio scoring happens the last week of school |