

DRESS CODE

Policy Revised June 2019

Our employees have the right and the responsibility to correct students whose interpretation of the below rules falls outside of school expectations. Students must respect the judgment of any LI employee who corrects them in matters of the dress code, just as they would in matters of academics. When a student's outfit does not meet the dress code standards, options may include having the parent bring a change of clothes to school immediately, having the student remain in the Campus Life Office until the student can come into dress code, or sending the student home to change.

If there are extenuating circumstances preventing the student from following the dress code, a parent, guardian, and/or the student must meet with the Dean of Students before attending classes.

Casual Dress

Acceptable from 2:45 p.m. until 7:00 a.m., casual dress is the clothing of the student's choice, including jeans, work pants, T-shirts, sweatshirts, sneakers, etc., but excluding any clothing whose design or graphics make it inappropriate, offensive to others, or sexually provocative. Students will be expected to respect the judgment of the supervising coach, teacher, advisor, or staff member in charge of the activity in such cases. Even so, the student has great latitude for both comfort and individuality under the casual dress code.

From 7:00 a.m. until 4:00 p.m., no hats, hoods, headwear, bandanas, or sunglasses may be worn inside the buildings.

Academic Dress

Worn from 7:00 a.m. until 2:45 p.m. and during official school functions such as open house and parents' nights, academic dress is the student's professional wardrobe. It has been proven at other excellent schools that requiring such academic attire help students feel their best and do their best in class as it keeps their focus on their studies rather than on their wardrobe. The primary purpose of dressing up for school is to improve the academic performance of the individual student and the academic community.

Academic dress code is outlined below. In the event of any question or confusion, LI educators and administrators can assist students to appropriately interpret these rules.

Male Guidelines:

- Bottoms: Dress pants (chino, corduroy, poplin, etc.)
- Tops: Must have collars. Examples include polo shirts, rugby shirts, collared dress shirts, turtlenecks/mock turtlenecks, sweaters, fleece vests or jackets. Pullover hooded sweatshirts are not allowed.** OR... Students are wearing a top which meets the Viking Dress, in which case a Viking pullover hooded sweatshirt would be allowed.
- Footwear: Dress shoes, athletic shoes, sandals, or boots***

Female Guidelines:

- Bottoms: Dress pants (chino, corduroy, poplin, etc.) skirts, dresses, or jumpers*
- Tops: Polo shirts, rugby shirts, collared dress shirts, blouses, turtlenecks/mock turtlenecks, sweaters, fleece vests or jackets. Pullover hooded sweatshirts are not allowed.** OR... Students are wearing a top which meets the Viking Dress, in which case a Viking pullover hooded sweatshirt would be allowed.
- Footwear: Knee socks or leggings worn as stockings, dress shoes, athletic shoes, sandals, or boots***

**For shorts, skirts, skorts, dresses, and jumpers, the hemline must be no more than 4" above the knee.*

***All shirts must have sleeves: short sleeves, long sleeves, or cap sleeves. When outdoors, a student may wear his/her choice of coat, jacket, or parka. (no pullover hoodies).*

**** Boots and sandals are permitted. Flip-flops are not permitted.*

Athletic Dress

Worn during interscholastic and intramural athletic practice and competition as well as school activities requiring strenuous physical activity (such as aerobics, dance, weightlifting, and yoga), athletic dress is specified by the coach, teacher, or advisor in charge of the activity. Unless otherwise specified, teams traveling to away games will wear academic dress in transit as representatives of the school.

Formal Dress

Very few events call for formal dress. Commencement and formal dances are among them. Featured participants in such events may wear special garments, such as academic gowns or school blazers, but in general, those attending formal ceremonies or activities will be expected to wear at least a dress shirt or blouses and dress pants or a skirt as listed in the academic dress code. Some events may require a tie, and an academic robe, or a jacket; faculty will inform students of those requirements when necessary.

Viking Dress

We recognize the importance of the "Viking spirit" that inspires our community. Therefore, the dress code for Fridays is a "Viking" theme, permitting students to wear maroon and white T-shirts, sweatshirts, hoodies, athletic shirts, and team jackets above the waist. Below the waist, the regular academic dress code applies. Students choosing not to participate in Viking Friday are expected to be in regular dress code.

Blue Jean Days

On special occasions, students will be permitted to wear casual dress to school when they make a specified contribution to the charitable cause announced as the beneficiary of the day. This rule is in keeping with our tradition of raising funds for worthy causes through dress down days. There will be ten blue jean days (also known as dress down days) during the school year. On blue jean days, we expect all clothing and accessories to be safe, fit appropriately, be clean and well kept, free of holes and frayed areas, and be free of alcohol, drug and/or tobacco advertising, and any offensive or objectionable words, phrases, pictures, and/or symbols. In addition, we expect that all clothing will cover the chest areas under 4 inches from the collar bone, midriff, shoulders, back, legs above 4 inches from the top of the kneecaps, and undergarments. No pajamas, stretch pants, or athletic pants/shorts. All clothing must fit in a way that is not revealing. Students choosing not to participate in blue jean days are required to be in regular dress code.

Dress Code Guidelines

Below are a few supplemental dress code guidelines.

We expect all clothing and accessories to:

- be intended for an educational environment, not a work or recreational environment;
- be safe;
- fit appropriately;
- not be revealing;
- be clean and well kept, free of holes and frayed areas; and
- be free of any alcohol, drug, and/or tobacco advertising, and any offensive or objectionable words, phrases, pictures, and/or symbols.

Guidelines for tops:

- All men's tops must have a collar that can be buttoned to within four inches of the collarbone and be tucked in if the top is intended to be. The bottom of the shirt must have a finished hem if it is to be left untucked.
- Cleavage, midriff, shoulders, and skin between neckline, shoulders, and back should not be visible.
- T-shirts are not allowed, unless it meets the criteria for Viking Dress.
- The lowest hem of a top should not extend past the wrists when arms are at sides and shoulders are relaxed, if it does it needs to be tucked in.
- No jean or denim tops, vests, or jackets are allowed.
- No tops designed as underwear or sleepwear may be exposed.

Guidelines for bottoms:

- For shorts, skirts, dresses, and jumpers, the hemlines must be no more than four inches above the top of the kneecap.
- All bottoms must be worn at waist or at the top of the hips.
- Hems must not drag on the ground.
- No sweatpants, wind pants, or flannel pants are allowed.
- No bottoms designed as underwear or sleepwear may be exposed.
- No jean or denim pants, dresses, jumpers, skirts, or shorts are allowed.
- Shorts and Capris are permitted only during certain times of the year. Dates will be announced.
- Leggings must be full length and may be substituted for nylons or tights only.
- Leggings may not be worn in lieu of pants. Clothing worn over leggings must meet all dress code standards.

Guidelines for accessories, headwear, and footwear:

- Hats, hoods, headwear, bandanas, or sunglasses are not permitted inside the buildings.
- Jewelry with spikes or sharp points or sharp collars or any other accessory that could be a hazard is not permitted.
- Flip-flops, thongs, or other shoes or sandals intended for beachwear are not permitted.

The following are not permitted:

- pullover hooded (hoodie) sweatshirts, unless it meets the criteria for Viking Dress.
- sweatpants, yoga pants, dance pants, and pants intended for recreation;
- wind pants;
- writing on clothing;
- logos too large to be covered by a hand or by a 3x5 index card; this will not include items which meet the criteria for Viking Dress.
- denim of any color, including denim skirts, dresses, jackets, and vests;
- capri pants;
- stretchy clothing and form fitting clothing that is revealing and/ or clothing which is sheer or see through;
- outerwear in classrooms, the library, the cafeteria, and the auditorium; and
- camouflage clothing (coats will be the exception to this rule).